



A Publication of the Atlanta Claims Association

October 2024

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For submissions to *A Claimscene*, please contact the Newsletter Committee Chair Renata McCoomer at:
rmccoomer6@gmail.com



Letter from the President LaDella Holmes



Greetings Atlanta Claims Association Members,

Welcome back from our summer break. Hopefully everyone had a fun and safe summer. Autumn is now in full swing with cooler temps and pretty fall leaf colors on the trees. I would like to thank you for all the well wishes as you welcomed me as our newly elected president. It is an honor to serve our association in this capacity. Thank you to this year's officers and board members for your support and willingness to serve.

The association hosted its annual golf tournament on June 24th 2024 at Country Club of Roswell. It was a wonderful and fun event. Many thanks to the committee chair Kowalski Brown, Jennifer Herring, planning committee members, volunteers and our sponsors. We are thankful to have such great sponsors who continue to support the ACA year to year.

Over the summer the board met for a strategic planning session to develop goals for the year. Out of the planning session the following goals were developed:

1. Create a survey to be sent to the membership regarding attendance availability, satisfaction with the association and various interests and ideas.
2. Create a survey for the sponsors to gauge their level of satisfaction and gather their interests and ideas.
3. Design ACA polo shirts and make them available for members to purchase.
4. Better communication with members.
5. Membership growth and more educational opportunities.
6. Engage young professionals through the PR and Public Service committee.
7. Procedure manual review of the annual educational conference with a possible recommendation to the members to shorten the conference to a ½ day conference with a luncheon, workshops, and happy hour.
8. Host a member holiday party in December while also participating in a community service activity.
9. Explore the association's ability to give out student scholarships in 2025.
10. Plan at least 2 networking events in addition to the annual conference and the golf tournament.

Please feel free to let us know if you have any concerns and we would love to have you become more active in the association by volunteering to serve on a committee of interest.

Let the Newsletter Committee Chair, Renata McCoomer, know if you have an article for Legal Corner or if your company has any upcoming webinars to be included in the next issue. Please send submissions to Renata at: Rmccoomer6@gmail.com

Let's get connected! We would love to see you at an upcoming event.

Sincerely,
LaDella Holmes, ACA President



Breast cancer is the most common cancer in women, targeting one in eight women over a lifetime. According to the American Cancer Society, it is expected there are nearly 270,000 new breast cancer cases in the country in 2020.

Early detection is key for combating breast cancer. The American Cancer Society's recommendations for early detection of breast cancer for women of average risk include:

- Ages 40-44: Women should have the option to start screening with a mammogram every year.
- Ages 45-54: Women should get a mammogram every year.
- Women age 55 and older can switch to a mammogram every other year or choose to continue annual mammograms.

Although there is no sure way to prevent breast cancer, there are things you can do to lower your risk:

- Get to and stay at a healthy weight: Both increased body weight and weight gain as an adult are linked with a higher risk of breast cancer after menopause. The American Cancer Society recommends you stay at a healthy weight throughout your life.
- Be physically active: Moderate to vigorous physical activity is linked with lower breast cancer risk, so it is important to get regular physical activity, including at least 150 minutes of moderate intensity activity each week.
- Avoid or limit alcohol: Alcohol increases risk of breast cancer. Even low levels of alcohol intake have been linked with an increase in risk.
- Eat fruits and vegetables: Many studies have suggested that a diet high in vegetables and fruit, and low in red meat, can reduce the risk of cancer.
- Other factors that might lower risk: Women who choose to breastfeed for at least several months may also get an added benefit of reducing their breast cancer risk.
- Using hormone therapy after menopause can increase your risk of breast cancer. To avoid this, talk to your health care provider about non-hormonal options to treat menopausal symptoms.

For more information on breast cancer early detection, risk factors, treatment, recovery or free patient support, call the American Cancer Society anytime at 800-227-2345 or visit [cancer.org](https://www.cancer.org)



ACA New Members March 1st, 2024, to October 1st, 2024

Barry Barbee	Pro Commercial
Brandi Milford	Milford Medical Management
Christian Acosta	Coast to Coast Contents Cleaning and Packouts
Courtney Stogner	Apollo Occupational Health
David Milroy	EDT Investigations
Diondra Boyd	Key Risk
Janine Johnson-Edmonds	Fulton County Government
Jessica Epps	Claim Fox
Jessica Truelove Terry	Optum
Kathedra Kuburic	Nam Dae Mun
Kristi Chapman	RYZE Claim Solutions
Kristin Green	David Corey Company
Michele Wisneski	Alight
Michelle Repman-Pifer	Presque Isle Rehabilitation Services
Natalie Askew	Paul Davis of North Atlanta
Natasha Hill	Sedgwick
Nicholas Medica	Self Employed
Philip May	Crawford
Reginald Rouse	Rouse Environmental Group
Ron Spalding	Consolidated Transport Group LLC
Ruby Brown	Assured and Associates Personal Care of GA
Scott Thornhill	Absolute Solutions
Stacy Middleton	Vona Case Management

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CODE OF ETHICS

1. To conduct ourselves and our profession so as to inspire public confidence by fair and honorable dealings.
2. To promote by our attitude towards the public, the proper regard for the profession of claims personnel.
3. To approach the investigation of claims without prejudice or bias.
4. To render complete and truthful reports of facts and conditions bearing to the case.
5. To disregard influences tending towards improper and extravagant settlements, and to fearlessly and honestly represent our company in the adjustment of claims.
6. To render at all times a service of the highest quality to the claimant and the companies we represent.
7. To avoid any sort of price fixing, boycotting or any other antitrust violation.